

BIO-DATA

Brahma Kumari Shashi Prabha

Brahma Kumari Shashi Prabha was born in Karnal, near Delhi. At the young age of 10, she was introduced to the Brahma Kumaris institution and from then on was inspired to practice the teachings of Rajyoga Meditation.

Dedicated life for Godly Service

She dedicated her life in the service of humanity at the age of 21. From 1971 to 1972, she co-ordinated Godly service activities in Bihar and Bengal, and continued the same in Kathmandu, Nepal, in 1973-74.

Service at the International Headquarters

Since 1974, she has been residing at the International Headquarters of the Brahma Kumaris World Spiritual University, Rajasthan, Mount Abu. Over three decades, her official duties have involved looking after administration and office responsibilities, arranging Rajyoga Meditation Camps (in Mount Abu and other States in India), Seminars, Conferences etc., as well as being the Main Co-ordinator for Accommodation and Hospitality of Overseas Delegates and BK students. Furthermore, she is Senior Rajyoga Teacher and conducts lectures, classes and meditation sessions for new and regular BK students. Her life itself is a practical example of using spirituality in everyday living.

Co-ordinator of Wing activities

Since the formation of different Wings under Rajyoga Education & Research Foundation, a sister organisation of Brahma Kumaris in 1980s, she successfully co-ordinated the activities of the 'Administrators Wing' as its Headquarters Co-ordinator for six years. When the Sports Wing was established in June 2000, she was appointed as its National Co-ordinator in recognition of her keen interest in sports since childhood.

Organising & Participating in Conferences

She has participated in several National and International conferences held in Mount Abu and in other parts of India. In particular, she has helped organize the "International Conference on Spiritual and Moral Values for a Better 21st Century", held at Kathmandu from 29th October to 31st October 1998, which was graced by the presence of the late His Majesty, the King, and Her Majesty, the Queen, of Nepal.

Travels Abroad

She has travelled several times around the globe on spiritual service tours and has served thousands of souls:

- 1984 - three-and-a-half month tour of Holland, Belgium, France, Germany, Poland, Sweden, Switzerland, Denmark, Spain, Portugal and U.K.
- 1991 - Singapore, Indonesia, and Malaysia
- 1996 - UK, Holland, America, Canada, Trinidad, Guyana, Barbados and Suriname
- 1999 - South Africa and Mauritius
- 2001 - Brazil, Argentina, Chile, Bolivia, Peru, Ecuador, Columbia, Panama & Costa Rica, where she gave lectures on topics such as: 'Spiritual Empowerment', 'How to conquer anger', 'Balance between Mind & Heart' etc. She gave several interviews on television and radio, as well as for newspapers.

- May 2003 - participated in the 2nd World Hindu Conference hosted in Sri Lanka
- July-August 2004 - Mauritius and 9 countries in the continent of Africa
- August 2005 - UK, Poland, Holland and France.
- June 2009 – Dubai
- July 2009 - Russia

Lyricist

She is a gifted lyricist and has composed spiritual songs for the following Hindi Audio CDs: '**Khushnaseeb**', '**Swarnim Prabhat**', '**Muskurate Phool**', '**Divya Darpan**', '**Divya Kiran**' and '**Divya Drishti**'. She has also written some songs for '**Prabhu Kiran**' and '**Pyara Baba Aa Gaya Hai**'.

Dated: September 2009