

E. V. SWAMI NATHAN

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SIGFA, No 1, Plot 100, Kumar Arcade, Sector 21, Nerul, Navi
Mumbai.



Dynamic trainer, Counsellor and Consultant with a clear focus on delivering value to the industry

Experience:	15 years
Expertise:	Trainer who combines wisdom and insight from the frontiers of science.

- He is a Corporate Trainer integrating **Science with Spirituality**.
- He has also appeared on numerous **television talk shows** which are being aired on Zee Jagaran, Aastha and Sanskar Channel;
- He has trained students at **IIT (Kharagpur)** and Centre of Excellence – **IIM Khozicode**;
- Associated with the **Brahma Kumaris** World Spiritual University for more than 15 years, which has NGO status with U.N. and consultative status with UNICEF and ECOSOC;
- **Honoured** by the **Rotary Club** of Navi Mumbai, Seaside (3140) with “Award of Excellence”;
- He has also conducted many seminars and programmes as **social service** at various schools, colleges, Rotary clubs, Hospitals all over India.

TRAINING EXPERTISE -

- At present, Director – SIGFA Mind & Memory Gym.
- Training corporate sector (List attached)
- Lectures conducted for the Indian Army, Navy, Air force, CPRF, Paramilitary Forces and NSG (National Security Guards)

TRAINING MODULES –

Well conversed and perfect knowledge of the following topics for which he has delivered lectures in many corporate industries and Institutions -

- Emotional Engineering
- Make mind your best friend
- Diluting Stress
- Total Quality Life
- Empathetic Communication
- Holistic Safety
- Memory Management
- The art of Leadership

- Journey with harmony
- Purpose of Life

LIST OF CORPORATES –

The below is a non-exhaustive list of the industries, schools, colleges and institutions wherein the sessions have being conducted .

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| ▪ H & R Johnson (I) Ltd. | ▪ Hindustan Aeronautics Ltd. (HAL) |
| ▪ Tata Institute of Social Sciences (TISS) | ▪ Life Insurance Corporation (LIC) |
| ▪ State Bank of India (SBI). | ▪ Bhabha Atomic Research Centre, (BARC) |
| ▪ Tata Institute of Fundamental Research, (TIFR) | ▪ Rashtriya Chemical Fertilizers, (RCF) |
| ▪ Hindustan Organics Company Ltd. | ▪ Reliance Energy Ltd. |
| ▪ Videocon Ltd. | ▪ Heavy Water Plant Ltd. |
| ▪ Gujarat Refineries | ▪ Airport Authority of India |
| ▪ Bajaj Allianz | ▪ ICICI Prudential |
| ▪ Jindal Steels | ▪ Gujarat Safety Council |
| ▪ Maruti Udyog Ltd | ▪ Wipro Ltd |
| ▪ Tarapur Atomic Power Plant | ▪ Reliance Industries |

Hospitals

- | | |
|--|-----------------------|
| ▪ Tata Memorial Hospital | ▪ KEM Hospital |
| ▪ J.J. Hospital | ▪ MGM Medical College |
| ▪ Wockhardt Research Institute | ▪ Hinduja Hospital |
| ▪ Indian Medical Association conferences | ▪ Nanavati Hospital |

Colleges

- | | |
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| ▪ IIT - Indian Institute of Technology, Kharagpur | ▪ IIM – Centre of Excellence, Kozhikode |
| ▪ NIT - National Institute of Technology, Suratkal | ▪ NIT – National Institute of Technology , Rourkela |
| ▪ Indian Management Association (IMA) | ▪ UGC Academic Staff College |

EDUCATION –

Engineer with a Bachelors Degree (B.Tech) in Mechanical Engineering from Calicut University.