

Bio-data
Dadi Hridaya Mohini
Addl. Chief of Brahma Kumaris

A name with meaning

Her name means *the one who attracts your heart*. Dadi Hridaya Mohini, affectionately known as Dadi Gulzar, is presently a Member of the Managing Committee of the Brahma Kumaris World Spiritual University, Raja Yoga Education and Research Foundation and World Renewal Spiritual Trust.

Responsibilities

She is an original member of the committee of women that administers the Brahma Kumaris World Spiritual University and was President of the Steering Committee for the Health Awareness in India aimed at making health of mind and body accessible to all people . She is also the Director of all centres in New Delhi and adjoining area.

How to all began

Dadi commenced her training as a yogi in 1937 at the age of eight. Having undergone all aspects of training from such early beginnings, she is now recognised as a great yogini, much sought after for enlightenment on attaining mental concentration, peace of mind, stability in meditation, emotional control, etc. She is committed to living and teaching the values and the elevated spiritual principles which come from the ancient teachings of Raja Yoga. In the midst of what has been dubbed the 'Nervous Nineties', her message of the heart/mind connection has never been more timely.

What she has done

Dadi has visited many foreign countries including the Far East and Australasia on invitation and has delivered lectures, with mastery over subjects connected with day-to-day life. She has clarity of thought and rich experience and simplicity of style. She has also been organizer of many international and national level conferences, fairs, exhibitions, campaigns, etc. and speaks fluently on any subject of spiritual interest.