

Rajyogi B. K. Karuna, Mt. Abu

- Chairman, Media Wing – RERF, Brahma Kumaris
- Member, Management Board, Brahma Kumaris HQ
- Director, Public Relations, Brahma Kumaris HQ
- Secretary, Rajyoga Education & Research Foundation (RERF)
- Secretary, Radio Madhuban Community Society
- Chief of Multimedia, Brahma Kumaris HQ
- Media Spokesperson, Brahma Kumaris HQ
- Channel Head, Awakening TV & Peace Music TV

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BIODATA

Karunakara Shetty Alias B.K. Karuna

2 January 1940

Prajapita Brahmakumaris Ishwariya Vishwa Vidyalaya
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- **Member of Managing Committee of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Mount Abu**
- **Director of Public Relations and Chief of Multi Media for the Brahma Kumaris Int HQ**
- **Secretary of Raja Yoga Education & Research Foundation (RERF)**
- **Chairperson of Media Wing (RERF)**
- **Founder and Head of Peace of Mind TV Channel**
- **Secretary of Radio Madhuban Community Society**
- **Director of Radio Madhuban 90.4FM since 2011**
- **India Coordinator for BK Global IT, Video and Public Relations**

EDUCATION: Diploma in Designs & Development Mechanical (1958)

JOB: Supervisor at Hindustan Machine Tools, Bangalore till 1967, after which he ran his own business till 1971.

He came into contact with the Brahma Kumaris in 1960 and decided to dedicate his life to their teachings and services the same year. He pioneered the expansion of spiritual services of the Brahma Kumaris in all parts of South India: Karnataka, Tamil Nadu, Kerala and Andhra Pradesh.

His love for writing proved to be a valuable asset in spreading spiritual knowledge: As early as 1960, he began writing articles for the local newspaper and later on started his own printing press, 'Sachi Gita Printers'. Published several spiritual books in Kannada and a fortnightly magazine called 'Gyan Vigyan'.

A linguist in 13 languages, he was invited in 1971 to stay at the Brahma Kumaris Headquarters in Rajasthan as **Public Relations Officer** to assist in administration and service projects.

Simultaneously, he held positions as **Special Correspondent for the Rajasthan Patrika (1975) and United News of India (UNI) from 1976- 1996.**

He has been able to introduce a vast range of technical equipment and the latest technology not only at the various campuses at the headquarters, but in many of its branches around India and overseas too.

MEDITATOR & SPIRITUAL GUIDE OF 50+ YEARS:

His practice of Rajyoga Meditation and inculcation of spiritual values and lifestyle of 58 years have made him an effective spiritual teacher and guide to many individuals from different professional backgrounds. Despite being connected with the most rapidly changing and progressive areas of life (Media & Technology), his complete focus on spiritual goals helps him to maintain a balanced mind, creative and visionary intellect, and successful relations.

An eloquent speaker, he has given hundreds of lectures on values and spirituality at conferences, retreats, and training programmes conducted yearly by the Brahma Kumaris at their Headquarters. His life is the epitome of dedication, selflessness and commitment towards self- and world-transformation. His knowledge of balancing Science and Spirituality, and unshakeable faith in the Supreme Being, continues to take him to newer realms of wisdom and experience.

He has also been instrumental in inspiring hundreds of youth to take to a life of spirituality, and further dedicate their energies, skills and talents towards creating a successful life (with the balance of Spirituality and Professionalism) for themselves, and serving society altruistically.

PEACE OF MIND CHANNEL: The 24-hour Socio-Spiritual TV Channel, Peace of Mind, shows viewers how they can lead a more focused, stable, healthy and successful life by using spiritual principles effectively. The channel provides an eclectic mix of programmes, including guided meditation, songs, talks by experts on self-improvement and the practical application of spirituality in various walks of life, besides cultural programmes and panel discussions where viewers can get solutions to their various problems in life.

RADIO MADHUBAN 90.4FM: is a Community Radio Station licensed under the Ministry of Information and Broadcasting, Government of India, operational since 2011 in Shantivan, Abu Road. It was set up with the aim to help in the development and upliftment of local community by informing, educating, enlightening and awakening the masses. It is India's first value-based

community Radio Station, and is also available on the internet. It has awarded with **National Community Radio Award 2014 by the Ministry of Information and Broadcasting during 4th National Community Radio Sammelan at Vigyan Bhawan New Delhi.**

AWARDS & RECOGNITIONS:

June 2003: The short documentary, "*Discover the Spirit Within*" produced by him was honoured with Award of Excellence, by RAPA

2004: Accorded an international award for Mass Communication and Spiritual Development by UNO-2004.

April 2010: Awarded the Chanakya Award 2010 Hall of fame by Public Relations Council of India.

April 2015: Honoured by Bunts Organisation of Mangalore with a Gold Medal for Socio-Spiritual services rendered to society.

Dated: April 2018