

## BK Chanda

Motivational Speaker, Rajyoga Trainer

Brahma Kumari Chanda is a dedicated faculty at Brahma Kumaris World Spiritual Organization for last 30 years. She has been deeply studying practical application of Rajyoga Meditation from a very early age. Currently she is a...

- Senior Rajyoga Facilitator, International Headquarters, Mount Abu
- HQ Coordinator, Media Wing, RERF (www.mediawing.org)
- Active Team Member of 'Future of Power', project for Enlightened Leaders (www.futureofpower.org)

Brahma Kumari Chanda has travelled extensively at various places in India and abroad (Europe, U.A.E, Singapore, Malaysia, Indonesia, Nepal) for conducting and addressing many Seminars, Conferences, Dialogues Retreats, Training Programs and Workshops.



SelfAwakeningIN BK Chanda



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## SELECT TOPICS FOR EXCELLENCE IN LIFE

- Stop Worrying, Start Enjoying
- Power of Positive Thinking
- Transforming Stress into Strength
- Effective Time Management
- Developing Communication skills
- Happy Mind for Happy Result
- Personality Development
- Awakening Inner Powers
- Know the Self behind the Selfie
- Safety thru Self-Empowerment
- Choose, Change, Become
- Easy Meditation for Busy people

- Work-Life Balance
- Healing Relationships
- Building Team Spirit
- Healthy lifestyle
- Setting Compass of Life
- Inspirational Leadership
- Dynamics of Behaviour
- Journey with Harmony
- Conflict Resolution
- Spirituality & Management
- Attitude for Success
- Values in Healthcare

She has provided insights on varied topics in many reputed organizations across sectors like Petrol, Oil & Gas, Aviation & Airlines, Shipping & Logistics, Telecom, Government Bodies, Banking & Financial Institutions, Health Care, Educational Institutions and many more...

## TRAINING IMPARTED IN SELECT COMPANIES

- ONGC
- BPCL
- IOC
- GAIL
- Reliance Energy Itd.
- Mahanagar Gas Itd.
- Jawaharlal Nehru Port Trust, JNPT
- Bombay Port Trust, BPT
- Visakhapatnam Port trust
- Paradip Port Trust
- Mundra International Container Terminal (MICT)
- DP World Container Terminal, Kochi
- CP Ships, Mumbai & Chennai
- Univan Ship Management Ltd.
- Hapag Lloyd
- Indian Army
- Indian Navy
- Indian Airforce
- Border Security Force
- JAK Rifles
- Indian Railways
- Mumbai Police
- IFFCO
- TATA Chemicals
- Herdillia Chemicals Ltd
- Gharda Chemicals Ltd
- PD Hinduja National Hospital
- Asian Heart Institute
- BSES, MG, Global Hospital
- Bombay High court
- Madras High court & Bar Association of Puducherry
- Andhra Pradesh High court
- International Centre for Alternate Dispute Resolution (ICADR)
- GST Commissioner Office, Udaipur
- Central excise and Customs office

- MTNL
- BSNL
- Reliance Communications
- TATA Communications
- Igara Broadband
- Hathway Broadband & cable network
- The TajMahal Palace & Towers
- Airport Authority of India
- Cochin International Airport Ltd.
- Air India
- Indian Airlines
- Jet Airways
- Frankfinn Airhostess Institute
- Allied Wings Pvt ltd.
- NABARD
- BMC
- IL&FS
- PEPSI
- APTECH
- ANCHOR - WALMI
- Times foundation, (WMPP)
- Whistling Woods International
- Radio City 91 FM
- NIS Sparta Ltd.
- State Bank Of India, HO & RO
- Bank Of Baroda, HO
- Dena Bank, HO
- Syndicate Bank, Training Institute
- Mumbai University
- Mumbai Education Trust (MET)
- Indian Education Trust (IES)
- SNDT University
- National Council of Educational Research and Training (NCERT)
- International Laughing Club
- International Sindhi Sammelan